Dear EPOS members, colleagues and friends,

It is my pleasure to share the news of the EPOS in this summer edition of our newsletter.

We look back on a very busy year. Fortunately, all meetings and courses could be held as planned. The highlight was the 41st EPOS Annual meeting, which took place in the beautiful city of Krakow. During the general assembly new members of the executive committee and other positions within the various committees were elected. Please take a look at the newly updated website. I am confident in my ability to discharge my duties and responsibilities as your president.

Education is a transformative intervention, and as such, we will continue to offer our BAT trilogy, advanced courses, and webinars, which have increased the visibility of EPOS worldwide. RBC courses, both inside and outside the EPOS territory, will also continue. We plan to collaborate and establish national societies to attend the course. As a result, we have increased the visibility of EPOS and our courses.

We plan to publish a textbook entitled "EPOS Handbooks of Pediatric Trauma." We encourage our members to submit their manuscripts for the official journal of EPOS: The Journal of Children's Orthopaedics. We have several activities planned for the EPOS website, including an online library with peer-reviewed recorded lectures and operative techniques, podcasts, and information for parents. Finally, we look forward to the cancellation of EPOS and POSNA meetings (EPOSNA 2024) and are working together with our POSNA colleagues to provide an outstanding scientific program.

We are strongly oriented towards sustainability, and we believe that all members of the EPOS team are highly capable of performing their significant roles. Your support, guidance, and feedback are crucial in improving the quality of our services, and we welcome your input at any time.

I want to acknowledge the term of our 29th president, Prof. Ignacio Sanpera, whose leadership of the organization was steady, assured, and enthusiastic. His vision for innovation, such as setting up the FEPOS program, has been immensely beneficial, and we are already working on the second edition of the FEPOS program. The success of the FEPOS program is a result of the efforts of all members of the FEPOS program team.

We are committed to strong teamwork, and we believe that all members of the EPOS team are highly capable of performing their significant roles. Your support, guidance, and feedback are crucial in improving the quality of our services, and we welcome your input at any time.

I want to thank you once again for your trust and support. I will do my utmost to earn and exceed your expectations.

Yours sincerely,

Prof. Hakan Ömeroğlu
EPOS President (2023-2024)
The annual 41st EPOS Meeting was hosted by the city of Krakow – a medieval Polish city, one of the most popular tourist destinations, but at the same time a modern academic center.

Over 820 guests were registered, which is currently one of the best attendance results in the EPOS meetings’ history. We were happy to see that among the participants there were 153 young residents and fellows attending the meeting. Both the scientific and social programs were rich and attractive, with over 150 podium presentations (including pre-meeting course on back pain) and interesting e-posters and posters.

We do hope that the scientific enthusiasm did not steal the show from Krakow’s attractions, and that the sight of the King’s Castle and Vistula River from the conference venue encouraged our guests to discover the city. We would like to express our great gratitude for all the help with organization, creation of a wonderful atmosphere and your numerous presence!

Barbara Jasiewicz & Bart Kowalczyk
Local Hosts

Stay at the forefront of Paediatric Orthopaedics with your EPOS Membership!

On behalf of the EPOS leadership and the EPOS Membership Committee, please let us take this opportunity to remind all our members to check for any outstanding membership fees and make sure to settle any open payments by 30 September 2023.

To find out about the exact amount due please just log in to your member account and check for the open orders within your account.

We also take this opportunity to remind you once again your unique benefit as an EPOS Member, as follows:

- Be part of a network of European and International peers.
- Access to the Journal for Children Orthopaedics.
- Preferential rate for publication in the Journal for Children Orthopaedics.
- Reduced registration fee for the EPOS Annual Meetings.
- Eligibility to apply for the EPOS Travelling Fellowship in collaboration with POSNA.
- Eligibility to apply for the EPOS Research Grants.

EPOS 2024 Annual Meeting

2nd EPOSNA Meeting

We are thrilled to announce the upcoming EPOSNA Congress, taking place from 8-11 May 2024 at the prestigious Gaylord National Harbor in Maryland. This year, the annual meetings of EPOS (European Paediatric Orthopaedic Society) and POSNA (Pediatric Orthopaedic Society of North America) will be combined into a single meeting, aiming to create a vibrant platform for global pediatric orthopaedic education and scholarly exchange.

Join us as we bring together leading experts, surgeons, researchers, and educators from around the world to share their knowledge, insights, and best practices.

Located at the exquisite Gaylord National Harbor, this congress offers not only an intellectually stimulating environment but also a beautiful setting overlooking the Potomac River.

We invite you to mark your calendars for the EPOSNA Congress 2024.

Stay tuned for the opening of the registration!
EPOS is delighted to announce that the following study projects have been accepted in EPOS Research Grant 2022:

**€ 7'000 Grantees**
- Ole Rahbek, Denmark
  - Rigid nailing in fracture treatment in children. Experimental studies on the effects on growth
- Luca Rigamonti, Marco Bigoni & Franck Accadbled, Italy & France
  - Pure Articular Knee Chondral Fractures in Pediatric Population (PACK project). Is There a Role for Surgical Fixation? A Multicenter EPOS Study
- Yasmin Hailer, Sweden
  - Multicenter registry-based randomized, placebo-controlled trial: Bone preserving drug as a new treatment option for children with Perthes disease?

**€ 2'000 Grantees**
- Pieter Bas de Witte & Dagmar Kempink, The Netherlands
  - Reduction of blood loss in pediatric osteotomies around the hip
- Emmanuelle Renoul & Anne-Laure Simon, France
  - Identifying the mechanical factors of the pathological remodelling of the femur with numerical modelling in children with Cerebral Palsy
- Laura Montero-Freixo Lopez, Spain
  - Structural differences in the mechanical properties of the femur between children and adults with cerebral palsy
- Marco Carvalho, Portugal
  - Evaluation of the mechanical properties of the femur in children with cerebral palsy
- Laura Montserrat Pérez López, Spain
  - Guided growth in children with scoliosis: a new surgical technique
- Marcos Carvalho, Portugal
  - Comparing the mechanical properties of the femur in children with cerebral palsy
- Adhiambo Witlox, The Netherlands
  - The effect of intrauterine stress on growth plate development and skeletal growth

Best paper & poster winners at 41st Annual Meeting in April 2023, Krakow, Poland:

**Best Of The Best**
- Long-term follow-up of untreated individuals with increased femoral anteverision at a mean age of 45.2 years
  - Anders Grønseth, Norway

**Best Of Trauma**
- Natural outcome and life quality after pediatric spinal compression fractures
  - Sofía Belov, Finland

**Best Of Neuromuscular**
- Medial gastrocnemius muscle growth in ambulant children with spastic cerebral palsy: a prospective longitudinal study
  - Anja Van Campenhout, Belgium

**Best Of Spine**
- Night-time detorsion brace in idiopathic Early Onset Scoliosis
  - Brice Ilharreborde, France

**Best Of Lower Limb Deformity**
- A multicenter cohort study of complications and risk factors in intramedullary bone lengthening nails
  - Markus Winther Frost, Denmark

**Best Of Lower Limb Deformity**
- Educational Activities: Courses
All the EPOS Courses listed here will take place at the Orthopaedic Hospital Speising in Vienna, Austria.

**6-7 September 2023**

**EPOS BAT ADVANCED COURSE – RARE BONE DISEASES**

Rare bone diseases might be characterized by short stature, bony deformities, hand abnormalities, hearing loss, and dental anomalies, as well as other extra-skeletal symptoms and complications, and might be divided into two main categories.
skeletal dysplasias and metabolic disorders. Although the individual diagnoses are rare, all rare bone diseases together represent a significant and challenging group of patients for the pediatric orthopedic surgeon. Management of these rare patients requires a multidisciplinary approach. The aim of this course is to provide the current status on diagnostics and evaluation of upper and lower limb problems in patients with rare bone diseases, and the “best practice” approach for treatment of deformities and fractures. The faculty includes orthopedic surgeons and pediatricians in order to provide knowledge not only on skeletal problems, but also other medical challenges.

Scientific Program | Registration

15-17 November 2023
7th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (PART III)
Registration will open towards the end of summer 2023.

24-25 January 2024
EPOS BAT ADVANCED COURSE - FUNDAMENTALS OF PEDIATRIC SPINE DEFORMITIES
1.5-day course starting lunch time on the 24th of January
This event is aimed at pediatric orthopedic surgeons and fellows who want to improve their knowledge on pediatric spinal deformity assessment and management. During the past years, progress has advanced the understanding and treatment of many aspects of pediatric spinal deformity that have resulted in new clinical applications and new treatment options. Several renowned experts in the field will deliver multiple lectures detailing all aspects of pediatric spinal deformity, including new diagnostic tools, indication for surgery and management of complications.

Scientific Program | Registration

**IMPORTANT!**
You have the possibility to participate in both January Advanced Courses: Spine surgery course (24-25 January 2024) and Tumor & Infection surgery course (25-26 January 2024) and pay a reduced combined registration fee.
For further information, please visit the dedicated course page.

25-26 January 2024
EPOS BAT ADVANCED COURSE – PEDIATRIC MUSCULOSKELETAL TUMORS COURSE
1.5-day course starting after lunch break on the 25th of January
Registration will open late autumn 2023.

6-8 March 2024
8th EPOS BAT INSTRUCTIONAL COURSE TRILOGY (PART I)
Registration will open by the end of 2023.

20-21 June 2024
EPOS BAT ADVANCED COURSE - DDH AND HIP ULTRASOUND
Registration will open beginning of 2024.

**EXCITING NEWS:**
EPOS BAT TRILOGY SCHOLARSHIPS ARE BACK!
Call for applications will open October 2023 and close on Sunday 17th of December 2023. Please note that for the 8th EPOS BAT Trilogy starting as of March 2024, five scholarships will be available.
Contact and application details on the EPOS website under Education as of October 2023.

Educational Activities: EPOS webinars

Since 2020 EPOS has organized three series of live webinars. All the replays can be watched on the official EPOS YouTube channel.

If you would like to hear more about the latest updates concerning the EPOS E-events web, please contact us via the email courses@epos.org to request to be added on the EPOS Webinar mailing list.

Educational Activities: Travelling Fellowships
EPOS-POSNA Travelling Fellowship 2023 was held earlier this spring in the US. EPOS fellows visited several host centers which then culminated in the participation of the POSNA Annual Meeting which was held in Nashville, Tennessee.

If you would like to hear more about this exciting and inspirational fellowship experience, please read the Fellowship Report submitted by the fellows.

The application deadline for the 2024 Travelling Fellowship is 30th of September 2023.

Please remember to follow EPOS on our social media platforms:
- Facebook
- Instagram
- Twitter
- LinkedIn
- YouTube
- Flickr

Visit our website for more information including eligibility.

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