

# EPOS NEWSLETTER

December 2022

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Dear EPOS members, colleagues and friends,



**Catharina Chiari**

Councillor EPOS Executive committee · Contact: [newsletter@epos.org](mailto:newsletter@epos.org)

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We look back on a busy year. Despite the challenges we all face in this difficult time, our social life has moved back towards normality. Probably most of us have had a very intense time, as many meetings and events have been caught up on.

It is definitely a pleasure to be able to interact live with colleagues again. We have many EPOS events to look forward to, details of which can be found in this newsletter. The preparations for the EPOS Annual Meeting are in full swing.

I hope you enjoy reading this newsletter and wish you a peaceful and tranquil end of the year!

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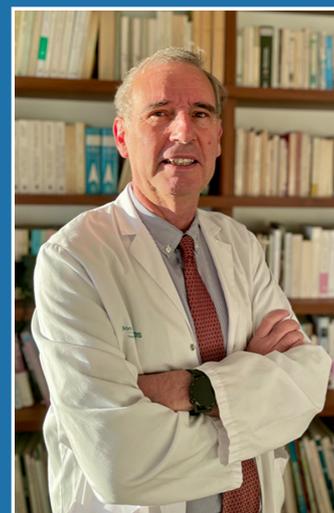
## Presidential Letter by Professor Ignacio Sanpera

Dear Members and Friends,

A bit more than six months have passed since our successful meeting in Copenhagen, and our board has continued to work hard, attempting to make our next annual meeting in Krakow even more successful than our last one.

Last month we managed to have our first face-to-face board meeting since 2019. Everybody was full of energy and with plenty of proposals to keep improving our society, I will highlight some of the most relevant ones in the following sections.

As suggested by Hakan Omeroglu, our first vice president of the EPOS, we will be launching an initiative to recognize our forefathers and mentors of our society. To do this, we will name the meeting rooms at our Krakow annual meeting after the



first board members and founders of our society, in remembrance of them. A brief summary of their work will be found in the meeting program.

It gives me great pleasure to also announce that we have a new historian in our society, Prof Pierre Lascombes. Pierre is going to take over from Prof Klaus Parsch. First, I want to thank Klaus for his enthusiasm and not always-recognized work, and at the same time, welcome Pierre in this role, knowing that he will serve with the same enthusiasm that he has always shown in his previous work in our Society.

As some of you may know, during the last board meeting, a campaign was started to improve the communication and relationship between EPOS and the National Societies. With this action, EPOS was sponsoring the registration of a young member of a National Society, while the National Society was giving support for the traveling expenses. So far, we have had positive answers from Holland, Portugal, Spain, Switzerland, Italy and France. We hope that many more National Societies will join this initiative. Please, if your society is not already engaged, contact them and ask them to support the initiative.

From an education perspective, EPOS is still busy promoting both basic and advanced education in our field. We have carried on successfully with our [BAT-Trilogy courses in Vienna](#) and we have implemented a curriculum with [2-3 advanced courses](#) a year trying to cover the different aspects of our specialty. We are also willing to explore the possibility of partnering with National Societies to promote educational activities in our different member countries.

Also, to allow our young colleagues to get proper training in paediatric orthopaedics, we are proud to announce the launch of the EPOS Fellowship program (FEPOS). A program dedicated to giving basic training in paediatric orthopaedics to these young fellows, who have finished their orthopedic training and are willing to pursue a career in paediatric orthopaedics. The Fellowship consists of a one year-supervised paid position in an EPOS-recognized center. So far, the program is going to start with five Hospitals across Europe. More information will appear shortly.

Finally, just a few words to remind everyone, that during these days the Climate World Summit is taking place in Egypt. So far, the news announced does not seem very positive over the progress made in the world.

As part of our individual responsibility, our board is working on minimizing our carbon footprint. In our Krakow annual meeting, some changes are going to be implemented, such as the banning of paper programs and the classic bags and pens. Also, Badges are going to be printed with a QR code to download the programs. We will ask for you as participants to recycle your plastic bag tags.

Additionally, for those living in proximity to the venue (< 300-400 Km) we are working on securing some discounts by working in partnership with the Polish railway to encourage you to travel by train rather than by plane or private transport. We ask for your understanding and cooperation, and if you have other ideas that can help to decrease our carbon footprint, we are willing to hear from them.

On behalf of my board and myself, I want to wish you all a Merry Christmas and a Happy New Year and hope to be able to greet all of you personally in our [next Annual Meeting in Krakow](#).

**Ignacio Sanpera**  
EPOS President

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## **Website Committee Announcement** **by Darius Rad, Website Committee Chair**

EPOS would like to thank Prof. Salih Marangoz for the hard and excellent work done for

the Website committee throughout his tenure as Chair. His dedication to this project, through the website and social media platforms created by him made a great positive impact to our exposure and solidified us as a well-established Medical Professional Society.

Filling his shoes will not be an easy task!

It is with great excitement to present our new Website Committee, selected by the Executive Committee earlier this year.



**Francisco Javi Downey Carmona, Spain**

Francisco has been a Paediatric Orthopaedic surgeon since 2004 with an almost total dedication to limb deformities.

Fellowship-trained at Rubin's Institute in Baltimore where he learned advanced reconstruction techniques and learned the Ponseti method from Dr. Morcuende and the great Dr. Ponseti himself.



**Orzan Erdal, Turkey**

Orzan was born & raised in Istanbul. He has been working as an Orthopaedic Surgeon since 2013. His interest in Paediatric Orthopaedics started in 2010 as a resident at Istanbul University. Since 2015 he has been working solely on Paediatric Orthopaedics and built his private clinic under Ortopediatri Istanbul, Academy of Paediatric Orthopaedics. Special interests: cerebral palsy, osteogenesis imperfecta & paediatric sports injuries. He received Ass. Prof. title in September 2022.



**Darius Rad, UK - Chair**

Darius is a Consultant Paediatric Orthopaedic Surgeon originally from Romania currently practising in Southampton Children's Hospital, United Kingdom. Apart from chairing the EPOS website committee, he is also the Publicity Committee chair and Web admin for the British Society for Children's Orthopaedic Surgery (BSCOS).

Darius is very interested in promoting a united European Paediatric Orthopaedic community.



**Ahmad Saeed Aly, Egypt**

Ahmad is an Associate Professor of Orthopaedic Surgery, Ain Shams University, Cairo, Egypt.

He is the Head of the Paediatric Orthopaedic unit at International Medical Centre of Military Forces (IMC). He practises as a Consultant Paediatric Orthopaedic Surgery, limb lengthening and deformity correction.

He is also a member of the International Committee Affairs of AACPD.

Together with the EPOS Executive Committee Liaisons, President Ignacio Sanpera and

General Secretary Federico Canavese, we will maintain the high standards created by Prof. Salih Marangoz and further develop our exposure and quality of web interaction.

As a final message to our national and world sister societies, please don't forget to like, share and support each other!

**Darius Rad**

Website Committee Chair

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## EPOS 2023 Annual Meeting



[EPOS 41<sup>st</sup> Annual Meeting](#) will take place from **29 March-1 April 2023** in Krakow, Poland.

The historical capital of Poland and a vibrant hub of commerce and entertainment. Located in the heart of Europe, with its convenient flight connections and easy access formal around the world, rich cultural life, delicious cuisine, and vibrant life. The meeting will take place in the ICE Kraków Congress Centre, which is one of the most beautiful and best-equipped congress centres in Europe.

Our meeting this year doesn't only aim to educate and advance all aspects of Children's Orthopaedics, but also to engage and empower young paediatric orthopaedic surgeons.

We encourage you to register before 17 January 2023 to take advantage of the early registration fee. Register now and do not miss this great opportunity!

**Visit our congress website:** <https://epos2023.org>

For any questions please do not hesitate to contact us at [epos2023@symposium.pl](mailto:epos2023@symposium.pl).

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## Report on FORTE Summer School



The 6<sup>th</sup> [FORTE Summer School](#) took place in Athens from the 25 to the 29 July 2022. Initiatives such as the European Educational Platform and the European Board of Orthopaedics and Traumatology ([EBOT](#)) Exam are essential to secure the standards of education.

FORTE Summer School aims to assist candidates in their preparation for the EBOT Exam or the National Board Exams by providing a high-quality general review based on the European Core Curriculum of Orthopaedics and Traumatology. Coordinated by the Scientific Committee of FORTE (Course Chair: Panayiotis Megaloikonomos, Greece), lectures and faculty were developed with the partnership of the European Federation of National Associations of Orthopaedics and Traumatology ([EFORT](#)) and of the European Subspecialty Societies.

EPOS faculty members were Nanni Allington, Federico Canavese, Catharina Chiari, Muharrem Inan and Dimitrios Metaxiotis. There were two parallel courses – a Comprehensive Review Course designed for all trainees and an Exam Preparation Course focusing on case discussion designed for advanced trainees.

The 114 participants from 19 different countries and 50 international speakers enjoyed the mediterranean atmosphere and the friendly environment for exchange of clinical experiences, case discussions and networking between participants and faculty.

A big Thank You to the organizers of this successful event!

**Catharina Chiari**

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## Educational Activities: [EPOS webinars](#)

EPOS is proud to offer a free access to the replays of all EPOS webinars which have taken place during the 1<sup>st</sup> to 3<sup>rd</sup> EPOS webinar series. The replay links are found on the [EPOS E-events web page](#) and replays itself can be found on the [EPOS YouTube channel](#).

The following EPOS Study Group live webinar will be held during the first quarter of 2023:

### **Controversies in paediatric upper limb trauma**

7 February 2023

*Organized by EPOS Trauma Study Group*

Registration: link available on the [EPOS website](#) during January 2023

# Educational Activities: [Courses](#)

Every year, EPOS is organizing a total of five onsite courses: 2 EPOS BAT Trilogy courses and 3 EPOS Advanced Courses. In 2023, the following courses will be held in the Speising Orthopaedic Hospital in Vienna, Austria:

- **27-28 January 2023**

## EPOS ADVANCED COURSE – LOWER LIMB DEFORMITY

This event is aimed at paediatric orthopaedic surgeons, residents and fellows who want to improve their understanding and skills in lower limb deformity correction. Several renewed experts in the field will deliver multiple lectures addressing all aspect of diagnosis, deformity planning, surgical treatment, and management of complications for common and rare paediatric deformities. The program will include congenital, posttraumatic and metabolic deformities.

[Scientific Programme](#) | [Registration](#)



**EPOS Advanced Course**  
Lower Limb Deformity



**Vienna, Austria: 27-28 January 2023**

- **8-10 March 2023**

## EPOS BAT IC TRILOGY, PART 2 (PAEDIATRIC TRAUMA)

[Registration](#) will open before the Christmas break



**7<sup>th</sup> EPOS BAT INSTRUCTIONAL COURSE**  
Trilogy Course Part II - Paediatric Trauma



**Vienna, Austria: 8-10 March 2023**

- **11-12 May 2023**

## EPOS BAT ADVANCED COURSE – PEDIATRIC SPINE DEFORMITIES

This event is aimed at paediatric orthopaedic surgeons, residents and fellows who want to deepen their understanding of the pathoanatomy, pathogenesis, diagnostics and therapeutic strategies of pediatric spine deformities.

This comprehensive, interactive course is led by a renowned faculty of

European experts in that field. Particular emphasis is put on hand-on workshops with direct teaching of skills, tricks & pitfalls and discussions about different approaches and problem-solving including 3D reduction deformities correction, placing of spine anchors (pedicle screws, sublaminar band, rib fixation, salvage techniques), osteotomies among others.

Registration will open early next year

- **6-7 September 2023**

EPOS ADVANCED COURSE - METABOLIC AND GENETIC DISORDERS IN PEDIATRIC ORTHOPEDICS

Details to follow.

Please regularly check updates for the course on the [EPOS website](#).

- **15-17 November 2023**

EPOS BASIC TRILOGY, PART 3 (PAEDIATRIC ORTHOPAEDIC BASIC 2)

Details to follow.

Please regularly check updates for the course on the [EPOS website](#).

**Please remember to follow EPOS on our social media platforms:**

[Facebook](#) • [Instagram](#) • [Twitter](#) • [LinkedIn](#) • [YouTube](#)  
and [Flickr](#) -> All EPOS course photos can be found here!

**\*\*Attending to EPOS onsite courses at Speising Orthopaedic Hospital in 2023\*\***

As the onsite courses are held on the hospital premises, special covid-19-related requirements may still apply in 2023 at the Speising Orthopaedic Hospital. EPOS will inform the participants about these requirements by email, if necessary.

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## Educational Activities: [EPOS Research Grants](#)

EPOS would like to give its' special thanks to all those applicants who submitted their research proposals to the EPOS Research Grants 2022. The applications are currently under evaluation by the members of the EPOS Research Committee and the outcomes of the evaluations should be communicated to all applicants before the Christmas break.

If you have any questions related to EPOS research grants, please visit [EPOS Research Grants' webpage](#) or contact us via [researchgrants@epos.org](mailto:researchgrants@epos.org).

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## Educational Activities: [Travelling Fellowships](#)

The next EPOS-POSNA Travelling Fellowship will take place in April 2023. EPOS received many high-quality applications and the selection of the three fellows was not easy. Having said that, after careful evaluation of all applications, EPOS made its selection and would

like to congratulate the following three fellows for having been accepted in the next EPOS Travelling Fellowship programme:

- Flavia Alberghina from Italy
- Ozren Kubat from Croatia
- Senol Bekmez from Turkey

We trust that this experience will enrich the fellows' professional and personal life!  
**Congratulations to the selected fellows!**

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For the latest updates concerning EPOS Fellowships, we would encourage you to regularly check the [EPOS Travelling Fellowships webpage](#) or contact us via email [fellowships@epos.org](mailto:fellowships@epos.org).

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**visit our website**

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